



Sledmere CofE (VC) Primary School

Sledmere, Driffield, East Yorkshire, YO25 3XP.

Telephone: 01377 236267 Email: sledmere@eastriding.gov.uk

Website: sledmereandwetwangfederation.co.uk

Executive Headteacher: Mr P Richardson BA (Hons) PGCE MA

School Business Manager: Mrs Rachel Headley

Friday 14th January 2022

Dear Parent/Carers,

Please see the updated government guidance below in relation to self-isolation periods. [There is also a flow chart linked here which may help aid understanding](#). The flowchart has been approved by East Riding of Yorkshire Council's Public Health Team.

Changes to the self-isolation period for those who test positive for COVID-19.

From 17th January, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a Lateral Flow Device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and morning of day 6, they can return to their education or childcare setting immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period and the second test must be taken the following day. All test results must be reported to NHS Test and Trace.

[Report a COVID-19 rapid lateral flow test result - GOV.UK \(www.gov.uk\)](#)

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

Further information on self-isolation for those with COVID-19 is available at:

[Self-isolation for those with COVID-19 can end after 5 full days following 2 negative LFD tests - GOV.UK \(www.gov.uk\)](#)

Yours faithfully,

Peter Richardson

Executive Headteacher

