



Learning and growing in the love of God

(John 4:16)

Sledmere C of E Primary School – PE Long Term Plan – Class 3

Cycle	Autumn 1	Autumn 2	Spring1	Spring 2	Summer 1	Summer 2
Year A 2021 - 2022	ID (Y6 Science)	Britain at War Y6 (History)	Misty Mountain Sierra Y4 (Geography)	Ground-breaking Greeks Y5 (History)	Blue Abyss Y4 (Science)	Off with her Head Y5 (History)
	Rugby Gymnastics (tension and counter tension)	Dance	Inclusive games (Boccia, Seated Volleyball, Goalball etc)	Netball and Basketball skills	Cricket Outdoor and adventurous games (team work and co- operation)	Tennis Athletics (focus on Speed, Agility and Quickness)

Cycle	Autumn 1	Autumn 2	Spring1	Spring 2	Summer 1	Summer 2
Year B 2022 - 2023	I am Warrior Y4 (History)	Potions Y4 (Science)	Peasants, Princes and Pestilence Y5 (History)	MaafaY6 (History)	Hola Mexico Y6 (Music)	Dynamic Dynasties Y5 (History)
	Gymnastics (apparatus and combination of movements)	Hockey	Fitness and circuit training (our body and healthy lifestyle) Developing co-ordination, manipulation and control	Football	Rounders Outdoor and adventurous games (Leadership and problem solving)	Volleyball Athletics (focus on Jumping and throwing for distance)

Cycle	Autumn 1	Autumn 2	Spring1	Spring 2	Summer 1	Summer 2
Year C 2023 - 2024	Beast Creator Y5 (Science)	Gallery Rebels Y6 (Art and Design)	Frozen Kingdom Y6 (Geography)	Ancient Civilisations Y4 (History)	1066 Y4 (History)	Sow, Grow and Farm Y5 (Geography)
	Dance	Rugby	Fitness and circuit training		Outdoor and adventurous games	Athletics