



Learning and growing in the love of God

(John 4:16)

Sledmere C of E Primary School – PE Long Term Plan – Class 1

Cycle	Autumn 1	Autumn 2	Spring1	Spring 2	Summer 1	Summer 2
Year A 2021 - 2022	School Days (History)	Moon Zoom (DT)	Paws, Claws and Whiskers (Art and Design)	Will you read me a story? (English)Will you read me a story? (English)	Dinosaur Planet (History)	Superheroes (PE)
	Rugby Gymnastics (Balance and co-ordination) Swimming	Dance Swimming	Inclusive games (Boccia, Seated Volleyball, GoalBall etc)	Invasion Games (Sending and Receiving using hands)	Cricket Outdoor and adventurous games (team work)	Net and Wall skills (Using and controlling a bat and ball) Athletics (Running, jumping and throwing)

Cycle	Autumn 1	Autumn 2	Spring1	Spring 2	Summer 1	Summer 2
Year B 2022 - 2023	Memory Box (History)	Funny Faces, Fabulous Features (Art and Design)	Will you read me a story? (English)	Rio de Vida (Music)	Bright Lights, Biig City (Geography)	Splendid Skies (Science)
	Gymnastics (Shapes and Rolls) Swimming	Invasion Games (sending and receiving using feet and equipment) Swimming	Fitness and circuit training (my body and healthy choices)	Invasion Games (Attacking and Defending)	Rounders Outdoor and adventurous games (treasure hunts and working as a group)	Athletics (Running, jumping and throwing)