

What Children Need for a Residential Visit to Bewerley Park:

Food & Meals

- Packed lunch for the first day (after that, meals are provided by Bewerley Park)
- Money
- Up to £10 in coins for a small on-site gift shop (in a named purse/envelope) which will be looked after by adults
- Water bottle (must be named; used for whole visit)

Medication (if needed)

Any medication must be:

- Clearly labelled
- Accompanied by a medication form, given to staff on arrival
- In original packaging
- Includes inhalers, spacers, or adrenaline auto-injectors if prescribed

Items NOT Allowed

No mobile phones, due to GDPR and safeguarding

What Bewerley Park Provides

- All bedding included (pillows, duvets and blankets)
- Access to drying rooms for wet gear
- Waterproofs and safety equipment for outdoor activities are issued on-site (noted in typical visit schedule)

Recommended Additional Packing (General Outdoor Residential Essentials)

These items are standard for outdoor centres and will help children stay warm, dry, and comfortable.

Clothing

- Outdoor clothing for the first day (children are asked to arrive wearing it)
- All clothes clearly labelled with your child's name
- 2/3 pairs of warm trousers (not jeans — they dry slowly)
- Multiple long-sleeve tops / t-shirts
- 2/3 warm fleeces or jumpers
- Waterproof coat (if children want to bring their own) and optional waterproof trousers
- Hat and gloves
- Nightwear
- Underwear and socks (extra pairs for wet activities)
- 2 sets of trainer type shoes – one old pair and one for running round/ playing in

Personal Items

- Small backpack / daypack
- Sun block (factor 30 minimum) and a sun hat
- 2 towels
- Toiletries (toothbrush, toothpaste, shampoo, soap and hairbrush)
- 2 plastic bags for dirty clothes
- 1 cuddly toy (optional)

Optional but Useful

- Book or small, quiet bedtime activity
- Reusable bag for carrying wet shoes

Example activities at Bewerley Park (To help guide clothing choices. These are not confirmed yet.)