

DAILY LUNCH MENU

WEEK ONE

CATERING
SERVICES

MENUS

w/c

13 APR

4 MAY

1 JUN

22 JUN

13 JUL

21 SEP

12 OCT

Primary School
April/October
Term 2026

MAIN COURSE

SIDES

DESSERT

MONDAY

ITALIAN CHICKEN
OR
[V] ITALIAN
QUORN FILLET

[VE] Rice
[VE] Broccoli

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Ice cream and fruit

TUESDAY

MEATBALL SUB
OR
[VE] VEGGIE
MEATBALL SUB

[VE] Sliced potato
[VE] Sweetcorn

[VE] FRESH FRUIT OR
[V] YOGHURT OR [V]
Choc brownie and [V] cream

WEDNESDAY

ROAST CHICKEN
AND STUFFING
OR
[VE] QUORN ROAST
FILLET
AND [VE] STUFFING

[VE] Oven roast potatoes
[VE] Baby carrots
[VE] Broccoli [VE] Gravy

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Oaty biscuit

THURSDAY

PIZZA POCKET
OR
[V] PIZZA POCKET

[VE] Tomato Pasta
[VE] Sweetcorn

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Crunchy chocolate mousse

FRIDAY

FISH FINGERS
(TOMATO KETCHUP)
OR
[VE] OCEAN FRIENDLY
FINGERS
(TOMATO KETCHUP)

[VE] Chunky Chips
[VE] Baked beans

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Vanilla sponge and custard

KEY

[V] Suitable for Vegetarians
[VE] Suitable for Vegans



EAST RIDING
OF YORKSHIRE COUNCIL

DAILY LUNCH MENU

WEEK TWO

CATERING
SERVICES

MENUS

w/c

20 APR

11 MAY

8 JUN

29 JUN

7 SEP

28 SEP

19 OCT

Primary School
April/October
Term 2026

MAIN COURSE

SIDES

DESSERT

MONDAY

CHEESE AND
TOMATO PIZZA

TUESDAY

ITALIAN STYLE
BOLOGNAISE
OR
[V] ITALIAN STYLE
VEGETABLE
BOLOGNAISE

WEDNESDAY

SAUSAGE AND
YORKSHIRE PUDDING
OR
[VE] QUORN SAUSAGE
AND
[V] YORKSHIRE PUDDING

THURSDAY

HUNTERS CHICKEN
OR
[V] BBQ QUORN FILLET

FRIDAY

FISH BITES
(TOMATO KETCHUP)
OR
[VE] CRISPY RAINBOW
DIPPERS
(TOMATO KETCHUP)

[VE] Oven baked wedges
[VE] Baked beans

[VE] Pasta
[VE] Country mixed vegetables

[V] Mashed potato
[VE] Cauliflower
[VE] Baby carrots

[VE] Sweetcorn
Rice

[VE] Chunky Chips
[VE] Garden peas

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Smoothie and fruit

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Chocolate crunch and [V] custard

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Lemon cookie

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Chocolate tray bake

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[VE] Vanilla sponge
and [V] custard and peaches

KEY

[V] Suitable for Vegetarians
[VE] Suitable for Vegans



EAST RIDING
OF YORKSHIRE COUNCIL

DAILY LUNCH MENU

WEEK THREE

CATERING
SERVICES

MENUS

w/c

27 APR

18 MAY

15 JUN

6 JUL

14 SEP

5 OCT

Primary School
April / October
Term 2026

MAIN COURSE

MONDAY

CHICKEN GOUJON WRAP
OR
[V] QUORN NUGGET WRAP

TUESDAY

SUMMER
BRUNCH BAP
OR
[V] SUMMER
BRUNCH BAP

WEDNESDAY

ROAST CHICKEN
AND STUFFING
OR
[VE] QUORN ROAST
FILLET AND
[VE] STUFFING

THURSDAY

MILD CHILLI BEEF
QUESADILLA
OR
[V] MILD VEGETABLE
CHILLI QUESADILLA

FRIDAY

FISH FILLET
(TOMATO KETCHUP)
OR
[VE] OCEAN FRIENDLY
FINGERS
(TOMATO KETCHUP)

SIDES

Pasta
[VE] Sweetcorn

[VE] Baked beans
[VE] Crispy sliced potato

[V] Mashed potato
[VE] Baby carrots
[VE] Broccoli [VE] Gravy

[VE] Steamed rice
[VE] Broccoli

[VE] Chunky chips
[VE] Garden peas or
[VE] baked beans

DESSERT

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Shortcake and custard

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Apple and banana sponge
and [V] cream

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Chocolate melting moment

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[VE] Peach puree and [V] icecream

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Iced cornflakes special
and [V] custard

KEY

[V] Suitable for Vegetarians
[VE] Suitable for Vegans



EAST RIDING
OF YORKSHIRE COUNCIL

WELCOME TO SCHOOL MEALS

In the East Riding we pride ourselves on the school meals we offer our children. It takes time to ensure your child gets a balanced diet, which we base on The School Food Standards. By using these standards, it is intended children develop healthy eating habits, which will ensure they get the energy and nutrition they need to learn and to grow.

Follow these tips to help maintain good health:

- eat lots more fruit and vegetables
- eat more fish – including a portion of oily fish every three weeks
- cut down on saturated fat and sugar
- try to eat less salt
- drink plenty of water.

Make a change today

Discover healthy recipes, food swaps and nutritional advice and top tips for activities.

Download the free NHS food scanner app today, a speedy scan of your family's favourite products reveals a range of healthier swaps.

The next time you shop it's as easy as scan, swipe and swap!

📱 nhs.uk/healthier-families

Holiday activities and food

For free fun holiday activities and a meal, please sign up to the newsletter at 📧 activeeastriding.co.uk/holiday-activities-and-food

Sessions are for children and young people eligible for free-school meals aged 5-16 years old.

Allergies and special diets

Full allergen information is available and special dietary requirements can be catered for; please contact your school for details. It may be necessary to change the menu without prior notice. Please note: Individual schools may offer an alternative choice to the meal options. Please contact your school for details.



GIVE SCHOOL MEALS A TRY

If you are interested in trying school meals, simply contact the main office at your child's school.

Is your child missing out?

If you feel or are unsure if your child is eligible for a free school meal you can contact the council's benefits section on ☎ (01482) 394799 or ask for an application form from your school secretary.

Comments

Should you require any further information, or would like to make comments on your child's school meal service, contact us as follows:

- 🌐 eastriding.gov.uk/schoolmeals
- @ cateringservices@eastriding.gov.uk
- ☎ (01482) 395320
- 📧 East Riding of Yorkshire Council Catering Services
County Hall
Beverley
East Riding of Yorkshire
HU17 9BA



This information can be made available in other languages or formats if required. To request another format, please contact us via ☎ (01482) 395320 or @ cateringservices@eastriding.gov.uk